



Sunday, February 6, 2022

7:30 a.m. - 9:00 a.m. ■
Early AM Nature Hike |
Information Summerhouse
 With Naturalist Michael. 2 miles.

9:00 a.m. - 5:00 p.m.
Origami Craft Kit | *Front Desk*

9:30 a.m. - 12:30 p.m. 🧑🏻‍🦺
Open Skating | *Pavilion*
 Available to all ages and abilities.
 Please check in with the Pavilion
 Shop for skating at ext. 2775. No
 locker storage available.

10:00 a.m. 🧑🏻‍🦺
Barn Museum Tour |
Barn Museum

10:00 a.m.
Winter Activity |
Check Main Bulletin Board
 Join for an outdoor activity that
 will be posted at the Central Stairs
 Bulletin Board by 9:00 a.m daily.

10:00 a.m. - 10:45 a.m. ■📅
Stretch & Stabilize | *Motion Room*
 Limit 9 people. Sign up required-no
 earlier than 24 hours in advance.
 Please call ext. 2739 to sign up.
 No late admittance.

10:30 a.m.
**"Forest Bathing": Mindfulness in
 Nature** | *Cliff View Room*
 This Mindfulness in Nature walk
 with Nina guides you through
 wooded trails, alongside timeless
 cliffs and our crystal-clear lake.
 Embrace your senses with this
 unique walk after you enjoy
 breakfast!

10:30 a.m. - 12:00 p.m. ■
Predator and Prey |
Information Summerhouse
 With Naturalist Michael. 2 miles.

11:00 a.m. - 11:45 a.m. ◆📅
Total Body Tone | *Motion Room*
 Limit 9 people. Sign up required-no
 earlier than 24 hours in advance.
 Please call ext. 2739 to sign up. No
 late admittance.

2:00 p.m.
Winter Activity |
Check Main Bulletin Board
 Join for an outdoor activity that
 will be posted at the Central Stairs
 Bulletin Board by 9:00 a.m daily.

2:00 p.m. - 3:45 p.m. 🧑🏻‍🦺
Open Skating | *Pavilion*
 Available to all ages and abilities.
 Please check in with the Pavilion
 Shop for skating at ext. 2775. No
 locker storage available.

2:30 p.m. 🧑🏻‍🦺
Kubb "Viking Chess" |
Basketball Court
 Kubb is a classic Scandinavian lawn
 game that uses throwing skills and
 defense mastery. This event will
 take place outside, please dress
 appropriately. Each group will have
 their own game.

2:30 p.m. - 3:15 p.m. ■📅
Pilates | *Motion Room*
 Limit 9 people. Sign up required-no
 earlier than 24 hours in advance.
 Please call ext. 2739 to sign up.
 No late admittance.

3:30 p.m. - 4:15 p.m. ■📅
Mosaic Barre | *Motion Room*
 Limit 9 people. Sign up required-no
 earlier than 24 hours in advance.
 Please call ext. 2739 to sign up.
 No late admittance.


4:30 p.m. - 5:15 p.m. ■📅
Mobility Workshop | *Motion Room*
 Limit 9 people. Sign up required-no
 earlier than 24 hours in advance.
 Please call ext. 2739 to sign up.
 No late admittance.

7:30 p.m. 🧑🏻‍🦺
Evening Trivia | *Sunset Lounge*
 Prepare to be challenged on a wide
 variety of trivia questions. Join us for
 this family friendly activity featuring
 5 categories with 5 questions each.



8:45 p.m.
Evening Movie: "Back to the Future"
 | *Check Main Bulletin after 5pm*
 Rated PG, running time 1 hour 53
 minutes. 1985.



9:00 p.m.
**Evening Lecture with Frank
 Marquette** | *Parlor*
 The areas surrounding Mohonk
 Mountain House are riddled with
 historic figures and events such
 as Henry Hudson's "ghost ship",
 Lincoln's funeral train, and several
 other spooky stories of prominent
 people and locations that now
 appear in their ghostly forms.



Dining Schedule

6:00 a.m. - 7:00 a.m. 
Early Morning Coffee |
Outside Lake Lounge


7:00 a.m. - 10:30 a.m. 
Lakeview Breakfast |
Lake Lounge
 Continental breakfast with
 scrambled eggs, bacon, sausage,
 waffle station and potatoes.

7:30 a.m. - 9:30 a.m.  
Breakfast | *Main Dining Room*
 Please call ext. 2475 for reservations



7:30 a.m. - 10:00 p.m.  
Room Service | *Ext. 2364*
 Included meals available: breakfast
 from 8-9:30 a.m., lunch from
 12 -2 p.m., and dinner from 6-8 p.m.

12:00 p.m. - 2:00 p.m.  
Lunch | *Main Dining Room*
 Please call ext. 2475 for reservations

12:00 p.m. - 2:00 p.m.  
Lunch | *West Dining Room*
 Please call ext. 2475 for reservations

12:00 p.m. - 11:00 p.m. 
Carriage Lounge
 Light fare available 12-6 p.m.

4:00 p.m. - 5:00 p.m. 
Tea and Cookies | *Lake Lounge*

6:00 p.m. - 8:00 p.m.  
Dinner | *Main Dining Room*
 Please call ext. 2475 for reservations

6:00 p.m. - 8:00 p.m.  
Dinner | *West Dining Room*
 Please call ext. 2475 for reservations

À La Carte Experiences


All activities listed in this section require advanced sign up and are not included in the price of your stay

Babysitting | *ext. 2015*
Endurance Concierge | *ext. 2176*
 For endurance athletes.
 Run, swim, or bike.
 Contact Alex Sherwood at
 ajsherwood@mohonk.com


**Private Hikes & Tours, Family or
 Group Events** | *ext. 2186*
**Private Yoga, Fitness or
 Mindfulness Sessions** | *ext. 2739*


Spa and Salon | *ext. 2751*
 Limited availability- please call.


Today's Hours of Operation


 **Barn Museum** | *ext. 2780*
 9:00 a.m. - 4:00 p.m.


Billiard Room
 7:00 a.m. - 11:00 p.m. Ages 16 and
 under, adult supervision required.


 **Disc Golf**
 Dawn til Dusk. Disc golf course
 complimentary. Discs available for
 purchase at Front Desk.


 **Fitness Center** | *ext. 2739*
 8:00 a.m. - 7:00 p.m. Ages 16 and
 older.


 **Game Room**
 9:00 a.m. - 9:00 p.m. Adult
 supervision for ages 12 and under.

 **Gift Shop & Soda Fountain** | *ext. 2782*
 8:00 a.m. - 8:00 p.m. Limit 10
 guests at a time.

 **Greenhouse** | *ext. 2152*
 9:00 a.m. - 3:00 p.m.

 **Indoor Pool** | *ext. 2739*
 8:00 a.m. - 7:00 p.m. Ages 16 and
 under, adult supervision required.

 **Skate Shop** | *ext. 2775*
 9:30 a.m. - 12:30 p.m.
 2:00 p.m. - 3:45 p.m.
 Skates available at Pavilion Skate
 Shop.

 **Ski Shop** | *ext. 2448*
 9:00 a.m. - 5:00 p.m. Access
 through Council House. Cross-
 country skis, snowshoes, and ice
 traction devices available weather
 permitting. Please check Main
 Bulletin Board for conditions.

Some activities are weather dependent. Events may change or be cancelled; please see Main Bulletin Board.
 This schedule is intended for use by overnight guests only. Drones and other radio controlled devices are prohibited.
 Go Green! Find the Activities Schedule with more details online at www.mohonk.com/guest