



Saturday, February 5, 2022

7:30 a.m. - 9:00 a.m. ■

Sky Top Nature Hike |
Information Summerhouse
 2 miles. Ages 10 and up. Some steep terrain.

9:00 a.m. - 5:00 p.m. 🧑🏠

Scratch Art Craft Kit | *Front Desk*

9:00 a.m. - 9:30 a.m. ● 📅

Meditation | *Motion Room*
 Limited to 12 participants. Please sign up no earlier than 24 hours in advance at x2739. No late admittance.

9:30 a.m. - 12:30 p.m. 🧑🏠

Open Skating | *Pavilion*
 Available to all ages and abilities. Please check in with the Pavilion Shop for skating at ext. 2775. No locker storage available.

9:45 a.m. - 10:45 a.m. ■ 📅

Vinyasa Flow Yoga | *Motion Room*
 Limited to 9 participants. Please sign up no earlier than 24 hours in advance at x2739. No late admittance.

10:00 a.m.

Winter Activity |
Check Main Bulletin Board
 Join for an outdoor activity that will be posted at the Central Stairs Bulletin Board by 9:00 a.m. daily.

10:30 a.m. - 12:00 p.m. ■

Mohonk Geology Tour |
Information Summerhouse
 With Naturalist Michael. 2 miles.

11:00 a.m. - 11:45 a.m. ■ 📅

Strength and Balance Yoga |
Motion Room
 Limit 9 people. Sign up required-no earlier than 24 hours in advance. Please call ext. 2739 to sign up. No late admittance.

2:00 p.m.

Winter Activity |
Check Main Bulletin Board
 Join for an outdoor activity that will be posted at the Central Stairs Bulletin Board by 9:00 a.m. daily.

2:00 p.m. - 2:45 p.m. ■ 📅

Qi Gong | *Motion Room*
 Limit 9 people. Sign up required-no earlier than 24 hours in advance. Please call ext. 2739 to sign up. No late admittance.

2:00 p.m. - 5:00 p.m. 🧑🏠

Open Skating | *Pavilion*
 Available to all ages and abilities. Please check in with the Pavilion Shop for skating at ext. 2775. No locker storage available.

2:30 p.m. 🧑🏠

Kubb "Viking Chess" |
Basketball Court

2:30 p.m. - 4:00 p.m. ●

Tracking and Wildlife Observation |
Information Summerhouse
 With Naturalist Michael. 1 mile.

3:00 p.m.

Mindfulness in Minutes – Part 2 |
Cliff View Room
 Building on our first Mindfulness in Minutes session, Part 2 with Nina will bring an opportunity to learn how to use these skills in the nittygritty moments of your life.

3:00 p.m. - 3:45 p.m. ■ 📅

Tai Chi Stretch | *Motion Room*
 Limit 9 people. Sign up required-no earlier than 24 hours in advance. Please call ext. 2739 to sign up. No late admittance.

4:00 p.m. - 4:30 p.m. ● 📅

Singing Bowl Meditation |
Motion Room
 Limit 12 people. Sign up required-no earlier than 24 hours in advance. Please call ext. 2739 to sign up. No late admittance.

7:00 p.m. - 9:30 p.m. 🧑🏠

Open Skating | *Pavilion*
 Available to all ages and abilities. Please check in with the Pavilion Shop for skating at ext. 2775. No locker storage available.


8:45 p.m.

Evening Movie: "Draft Day" |
Check Main Bulletin Board 5pm
 Rated PG-13, running time 1 hour 50 minutes. 2014.

9:00 p.m.



Live Music: After Five Jazz Combo |
Parlor
 After Five Jazz Combo, directed by Jason Clinton, is an energetic group of talented musicians that perform throughout the Hudson Valley. Come listen to great Jazz, Swing, and even some Rhythm and Blues.


Dining Schedule

6:00 a.m. - 7:00 a.m. 
Early Morning Coffee |
Outside Lake Lounge


7:00 a.m. - 10:30 a.m. 
Lakeview Breakfast |
Lake Lounge
 Continental breakfast with
 scrambled eggs, bacon, sausage,
 waffle station and potatoes.

7:30 a.m. - 9:30 a.m. 
Breakfast | *Main Dining Room*
 Please call ext. 2475 for reservations


7:30 a.m. - 10:00 p.m.  
Room Service | *Ext. 2364*
 Included meals available: breakfast
 from 8-9:30 a.m., lunch from
 12 -2 p.m., and dinner from 6-8 p.m.


12:00 p.m. - 2:00 p.m. 
Lunch | *Main Dining Room*
 Please call ext. 2475 for reservations

12:00 p.m. - 2:00 p.m. 
Lunch | *West Dining Room*
 Please call ext. 2475 for reservations

12:00 p.m. - 11:00 p.m. 
Carriage Lounge
 Light fare available 12-6 p.m.

4:00 p.m. - 5:00 p.m. 
Tea and Cookies | *Lake Lounge*

6:00 p.m. - 8:00 p.m. 
Dinner | *Main Dining Room*
 Please call ext. 2475 for reservations

6:00 p.m. - 8:00 p.m. 
Dinner | *West Dining Room*
 Please call ext. 2475 for reservations

À La Carte Experiences


All activities listed in this section require advanced sign up and are not included in the price of your stay


Babysitting | *ext. 2015*
Endurance Concierge | *ext. 2176*
 For endurance athletes.
 Run, swim, or bike.
 Contact Alex Sherwood at
 ajsherwood@mohonk.com


**Private Hikes & Tours, Family or
 Group Events** | *ext. 2186*
**Private Yoga, Fitness or
 Mindfulness Sessions** | *ext. 2739*


Spa and Salon | *ext. 2751*
 Limited availability- please call.


Today's Hours of Operation


 **Barn Museum** | *ext. 2780*
 9:00 a.m. - 4:00 p.m.
Billiard Room
 7:00 a.m. - 11:00 p.m. Ages 16 and
 under, adult supervision required.


 **Disc Golf**
 Dawn til Dusk. Disc golf course
 complimentary. Discs available for
 purchase at Front Desk.

 **Fitness Center** | *ext. 2739*
 8:00 a.m. - 7:00 p.m. Ages 16 and
 older.

 **Game Room**
 9:00 a.m. - 9:00 p.m. Adult
 supervision for ages 12 and under.

 **Gift Shop & Soda Fountain** | *ext. 2782*
 8:00 a.m. - 11:00 p.m. Limit 10
 guests at a time.

 **Greenhouse** | *ext. 2152*
 9:00 a.m. - 3:00 p.m.

 **Indoor Pool** | *ext. 2739*
 8:00 a.m. - 7:00 p.m. Ages 16 and
 under, adult supervision required.

 **Skate Shop** | *ext. 2775*
 9:30 a.m. - 12:30 p.m.
 2:00 p.m. - 5:00 p.m.
 7:00 p.m. - 9:30 p.m.
 Skates available at Pavilion Skate
 Shop.

 **Ski Shop** | *ext. 2448*
 9:00 a.m. - 5:00 p.m. Access
 through Council House. Cross-
 country skis, snowshoes, and ice
 traction devices available weather
 permitting. Please check Main
 Bulletin Board for conditions.

Some activities are weather dependent. Events may change or be cancelled; please see Main Bulletin Board.
 This schedule is intended for use by overnight guests only. Drones and other radio controlled devices are prohibited.
 Go Green! Find the Activities Schedule with more details online at www.mohonk.com/guest